

Recruiting Guidelines according to NCSA

Division I

Low Candidate:

- 2x Varsity Starter
- National/Elite level club experience
- National Qualifier Tournament Attendance
- All-State recognition as a junior
 - Small high school (1A, 2A, 3A)
- All- Region, Area, Conference, District, County, League recognition as a junior
 - Large high school (4A, 5A)

Medium Candidate:

- USA Junior Olympic Girls' Volleyball Championships
- Recognition as a sophomore
- Team Captain
- PrepVolleyball.com recognition
 - Frosh 59, Soph 79, Top 50 Junior Recruits
- High School All-American
- National USA High Performance Camp
- Regional High Performance
 - Regional Team
 - USA High Performance Championships

High Candidate:

- National USA High Performance Team
- USA Junior Olympic Girls' Volleyball Championships All-Tournament Selection
- All-America Selection
 - AVCA, Volleyball Magazine, PrepVolleyball.com, Gatorade

The average characteristics by position:

| Libero/Defensive Specialist | MH | OH/RS | Setter |
|--|---|---|--|
| <ul style="list-style-type: none"> • Height 5'7" (5'5"-5'10') • Weight 125 lbs • Vertical 24"+ • Years Varsity 3.2 • Years Club 4.5 | <ul style="list-style-type: none"> • Height 6'2"(6'0"-6'4') • Weight 155 lbs • Block Jump 9'3' • Approach Jump 9'9"+10'0' • Years Varsity 3 Years Club 3.7 | <ul style="list-style-type: none"> • Height 5'11" (5'10"-6'0') • Weight 140 lbs • Block Jump 9'1' • Approach Jump 9'8' • Years Varsity 3.5 • Years Club 4 | <ul style="list-style-type: none"> • Height 5'10" (5'8"-6'1') • Weight 130 lbs • Block Jump 9'0' • Approach Jump 9'3' • Years Varsity 3 • Years Club 5 |

Volleyball by the Numbers

| Schools Offering Volleyball | | Athletic Scholarship Opportunities | | Student-Athlete Participation | |
|-----------------------------|--------------|------------------------------------|-----------|-------------------------------|----------------|
| NCAA Division I | 317 | Division I(per school) | 12 | NCAA Division I | 4,476 |
| NCAA Division II | 276 | Division II (per school) | 8 | NCAA Division II | 3,907 |
| NCAA Division III | 423 | NAIA (per school) | 12 | NCAA Division III | 5,894 |
| NAIA | 216 | NJCAA (*varies per school) | 14 | NAIA | 3,312 |
| Junior College | 302 | | | HS Student-Athletes | 405,832 |
| Total | 1,534 | | | | |

Preferred Grades for All Divisions:

3.0 GPA + 24 ACT + 1000 SAT (out of 1600) (No scores needed for underclassmen)

Division II

Low Candidate:

- Varsity Starter
- Club experience

Medium Candidate:

- National/Elite level club experience
- National Qualifier Tournament Attendance
- All-State, Region, Area, Conference, District, County, League recognition as a senior
 - Small high school (1A, 2A, 3A)

High Candidate:

- Team Captain
- All-State, Region, Area, Conference, District, County, League recognition as a junior
 - Small high school (1A, 2A, 3A)
- All-Region, Area, Conference, District, County, League recognition as a junior
 - Large high school (4A, 5A)
- USA Junior Olympic Girls' Volleyball Championships
- Regional High Performance
 - Regional Team
 - USA High Performance Championships

The average characteristics by position:

| Libero/Defensive Specialist | MH | OH/RS | Setter |
|---|--|---|--|
| <ul style="list-style-type: none">• Height 5'6"+• Weight 125 lbs• Vertical 20'• Years Varsity 2.5• Years Club 3.7 | <ul style="list-style-type: none">• Height 6'0'• Weight 150 lbs• Block Jump 9'2'• Approach Jump 9'7'• Years Varsity 2.5• Years Club 3.5 | <ul style="list-style-type: none">• Height 5'10'• Weight 145 lbs• Block Jump 9'0'• Approach Jump 9'5'• Years Varsity 2.5• Years Club 3.8 | <ul style="list-style-type: none">• Height 5'8'• Weight 135 lbs• Block Jump 8'9'• Approach Jump 9'1'• Years Varsity 2.5• Years Club 4 |

Division III

Low Candidate:

- Varsity Starter

High Candidate:

- National Level Club experience
- National Qualifier Tournament Attendance
- AAU Nationals - Orlando, FL
- Reno Volleyball Festival - Reno, NV
- Club experience
- All-State, Region, Area, Conference, District, County, League recognition as a senior
 - Small high school (1A, 2A, 3A)
- All-Region, Area, Conference, District, County, League recognition as a senior
 - Large high school (4A, 5A)
- Team Captain

The average characteristics by position:

| Libero/Defensive Specialist | Middle Hitter | Outside Hitter/Right Side | Setter |
|---|---|---|--|
| <ul style="list-style-type: none">• Height 5'4"+• Weight 115 lbs• Vertical 16'• Years Varsity 2• Years Club 2 | <ul style="list-style-type: none">• Height 5'11'• Weight 145 lbs• Block Jump 9'0'• Approach Jump 9'5'• Years Varsity 2• Years Club 3 | <ul style="list-style-type: none">• Height 5'8'• Weight 140 lbs• Block Jump 8'10'• Approach Jump 9'0'• Years Varsity 2.5• Years Club 3 | <ul style="list-style-type: none">• Height 5'7'• Weight 135 lbs• Block Jump 8'7'• Approach Jump 9'0'• Years Varsity 2• Years Club |